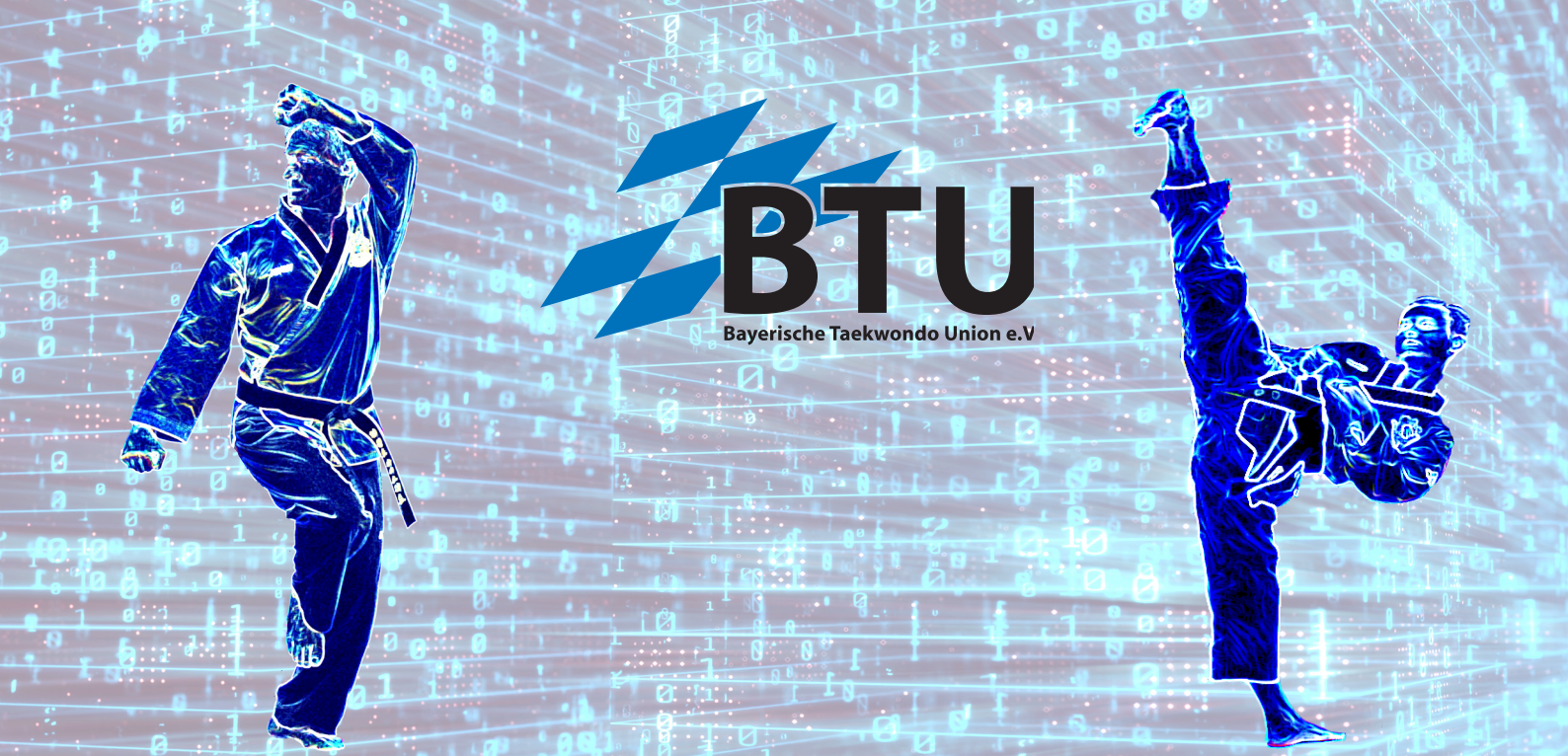


Online Bavarian Open Poomsae 2021

**Recognized Poomsae, Para Poomsae,
Freestyle and Family Poomsae**

February 6th, 2021

Outline



Dear Taekwondo Friends,

we are pleased to present the first Online Bavarian Open Poomsae in 2021 and we would like to take this opportunity to invite you to participate in our championships.

Every year the Bavarian Taekwondo Federation (BTU) organise an international tournament at the beginning of February. This tournament normally takes place in Dillingen, a city in Bavaria/Germany.

But in 2021 - due to the Covid-19 pandemic - the championships will be held online and is open for everyone worldwide.

We are looking forward to welcoming you to our championships.

Jörg Kohlenz and Marion Schrader

Vice President Poomase and Chairman Poomsae BTU

Promotor and Organiser

Organiser:	Bavarian Taekwondo Federation e.V. (BTU)
Responsible person:	Jörg Kohlenz, Vice President Competitive Sports Poomsae BTU
Competition Director:	Marion Schrader, Referee Chairman Poomsae BTU, E-mail: m.schrader@btu-online.de Phone: +49 151 11618942
Referee Director:	Marion Schrader, Referee Chairman Poomsae BTU

Date

Saturday, February 6th, 2021

Timeline and Livestream

Livestream on **YouTube**

<https://www.youtube.com/channel/UCOBkFvgH8SIZYvA032yPV8w>
February 6th, 2021, starting at 9.00 am CET

Registration and Registration Deadline

Registration Website

www.martial.events/en/events/online-bavarian-open-poomsae-2021

Registration Deadline	Tuesday, January 26th, 2021 – 23:59 CET
Compulsory Poomsae Draw	Wednesday, January 27th, 2021 – 10:00 CET
Video Submission	Thursday Januar 28th till Tuesday February 2nd, 2021 – 21.00 CET

No registration is possible after the registration deadline.

Payment must be done together with the registration and proof of payment must be send by e-mail to m.schrader@btu-online.de

Registrations without proof won't be accepted. The payment is non-refundable once it has been processed.

Communication platforms

Communication by the **Website www.bavarian-poomsae.de** and social networks like **Facebook** and Instagram. Registration on www.martial.events/en

Entry Fee

Category	Fee
Individual/Individual Freestyle/Para Poomsae	27,00 EUR
Pair/Pair Freestyle	35,00 EUR per Pair
Team/Mixed Team Freestyle	35,00 EUR per Team
Family Poomsae	22,00 EUR per Family

Payment via bank transfer. The sender shall pay for the bank transfer costs (OUR):

Beneficiary: BTU – Schatzmeister
 IBAN: DE58 7605 0101 0012 5417 69
 SWIFT-BIC: SSKNDE77XXX

Please include the intended use: „Bavarian Open Poomsae 21 / Team or Name“

From outside Europe you can also use **PayPal**. Please contact the organisation for the transfer information.

Categories and Recognized Poomsae

Individual Poomsae

Category	Division	Gender	Age group	Recognized Poomsae
Individual Poomsae	Kids B (8-9)	male / female	2012-2013	Taegeuk 4,5,6,7,8 Jang
	Kids A (10-11)	male / female	2010-2011	Taegeuk 4,5,6,7,8 Jang
	Cadet (12-14)	male / female	2007-2009	Taegeuk 4,5,6,7,8, Koryo, Keumgang
	Junior (15-17)	male / female	2004-2006	Taegeuk 4,5,6,7,8, Koryo, Keumgang, Taebaek
	Under 30 years (18-30)	male / female	1991-2003	Taegeuk 6,7,8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
	Under 40 years (31-40)	male / female	1981-1990	
	Under 50 years (41-50)	male / female	1971-1980	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
	Under 60 years (51-60)	male / female	1961-1970	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
	Under 65 years (61-65)	male / female	1956-1960	
	Over 65 years	male / female	1955 and older	

Categories and Recognized Poomsae (continued)

Pair Poomsae

Category	Division	Gender	Age group	Recognized Poomsae
Pair Poomsae	Kids (8-11)	male + female	2010-2013	Taegeuk 4,5,6,7,8 Jang
	Cadet (12-14)	male + female	2007-2009	Taegeuk 4,5,6,7,8, Koryo, Keumgang
	Junior (15-17)	male + female	2004-2006	Taegeuk 4,5,6,7,8, Koryo, Keumgang, Taebaek
	Under 30 years (18-30)	male + female	1991-2003	Taegeuk 6,7,8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
	Over 30 years (31+)	male + female	1990 and older	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

Team Poomsae

Category	Division	Gender	Age group	Recognized Poomsae
Team Poomsae	Kids (8-11)	3 male / 3 female	2010-2013	Taegeuk 4,5,6,7,8 Jang
	Cadet (12-14)	3 male / 3 female	2007-2009	Taegeuk 4,5,6,7,8, Koryo, Keumgang
	Junior (15-17)	3 male / 3 female	2004-2006	Taegeuk 4,5,6,7,8, Koryo, Keumgang, Taebaek
	Under 30 years (18-30)	3 male / 3 female	1991-2003	Taegeuk 6,7,8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
	Over 30 years (31+)	3 male / 3 female	1990 and older	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

Freestyle

Category	Division	Gender	Age group
Freestyle	Individual under 17 years	male / female	2004 and younger
	Individual over 17 years (18+)	male / female	2003 and older
	Pair under 17 years	male + female	2004 and younger
	Pair over 17 years (18+)	male + female	2003 and older
	Mixed Team over 14 years	3 male + 2 female or 2 male + 3 female	2007 and older

Para Poomsae

Category	Division	Gender	Age group
Para Poomsae	P10 Visual Impairment (12-15)	male / female	2009-2006
	P10 Visual Impairment (16-30)	male / female	2005-1991
	P10 Visual Impairment (31 and older)	male / female	1990 and older
	P20 Intellectual Impairment (12-15)	male / female	2009-2006
	P20 Intellectual Impairment (16-30)	male / female	2005-1991
	P20 Intellectual Impairment (31 and older)	male / female	1990 and older
	P30 Physical Impairment (12-15)	male / female	2009-2006
	P30 Physical Impairment (16-30)	male / female	2005-1991
	P30 Physical Impairment (31 and older)	male / female	1990 and older
	P60 Deaf (12-15)	male / female	2009-2006
	P60 Deaf (16-30)	male / female	2005-1991
	P60 Deaf (31 and older)	male / female	1990 and older

Poomsae can be freely selected.

Family Poomsae

One parent, parents or grandparents together with their child or children or grandchildren.

The number of family members is unlimited. At least two generations are required for a family team.

Examples: Father and son or daughter, mother and father together with son and daughter, father with three sons, grandmother with grandchildren, grandfather, mother and grandchildren.

One participation per family is allowed.

There is no age limit or graduation restriction for Family Poomsae. The Poomsae can be freely selected.

Grade

All athletes with at least 4th Kup.

Exception: There is no grade limit for the categories Para Poomsae and Family Poomsae.

Dress Code

All contestants may wear WT-approved Poomsae competition uniform or any white coloured dobok. The competitor must wear the correct belt.

Shoes are not allowed with the following exception: the videos can only be recorded outdoors without mats.

Competition Rules

World Taekwondo Poomsae rules and interpretation as in force as of May 14th, 2019 and the regulations of this outline. If the outline is different to the WT rules, the outline will be applied.

Cut-off System in all categories up to 3 rounds.

Prerecorded videos will be streamed on YouTube. Judging will be done in real time during the livestream.

The age limits for all divisions are based on the year of birth.

IMPORTANT: The current local and national regulations and requirements for Covid-19 pandemic must be fulfilled during video recording and participation in the championships.

Recognized Poomsae, Para Poomsae, Family Poomsae

Preliminary **1 Poomsae**, Semifinal and Final **2 Poomsae** (1-2-2).

Preliminary

In case of 20 or more contestants, the competition starts with preliminary round. All contestants perform 1 Poomsae drawn from the compulsory area, Para Poomsae and Family Poomsae contestants perform 1 Poomsae which can be freely selected.

Semifinal

The top 50% of contestants will progress to the Semifinal. In case of an odd number of contestants the number of contestants is rounded up. All contestants perform 2 Poomsae drawn from the compulsory area. Para Poomsae and Family Poomsae contestants perform 2 Poomsae which can be freely selected. Competitors shall take a maximum of 60 seconds break before performing the second Poomsae.

With 8 or less contestants, the Preliminary and the Semifinal will be dropped.

Final

The top 8 contestants of the Semifinal perform 2 Poomsae drawn from the compulsory area. Para Poomsae and Family Poomsae contestants perform 2 Poomsae which can be freely selected. Competitors shall take a maximum of 60 seconds break before performing the second Poomsae.

Freestyle

The contestants have to submit 1 Freestyle Poomsae. The duration should be 90 to 100 seconds. Freestyle must be performed on mats! Only one round will be done in the Freestyle division..

Tied score

In case of tied score, the winner shall be the contestant who has more points in presentation (for recognized Poomsae) or in technical skills (for Freestyle Poomsae) without deleted highest and lowest score. In case the score are still tied, the one who has higher total points is the winner. If it's still tied, both contestants will reach the Semifinal or Final. In the Final round both competitors will get the same place. The following place will not be assigned then. There will be no rematch.

Deductions

Wrong Poomsae is performed: Accuracy 0,0, Presentation 1,5

If any part of the contestants body is not seen in the video frame, there will be 0,3 deduction for each movement the complete body is not visible.

Disqualification

Video is uploaded in the wrong division

Wearing the wrong uniform

Freestyle not performed on mats

Video contains political, social or religious propaganda

Video is edited (we will do random inspections)

Rules on video recording

The compulsory Poomsae draw will be announced one day after registration deadline.

Videos

Up to 3 videos have to be recorded, depending on the amount of rounds.

You need 3 videos when the preliminary round will take place. When the division will start with the Semifinal 2 videos have to be uploaded. One video with 2 Poomsae for the Semifinal and one video with 2 Poomsae for the Final.

In case, only the Final is performed, 1 video with 2 Poomsae has to be uploaded.

Video 1 with 1 Poomsae for the Preliminary (20 and more contestants per division)

Video 2 with 2 Poomsae for the Semifinal (Maximum 60 seconds break inbetween the two Poomsae, more than 8 contestants per division)

Video 3 with 2 Poomsae for the Final (Maximum 60 seconds break inbetween the two Poomsae)

Freestyle contestants have to upload 1 video with 1 Freestyle Poomsae.

Naming policies for the video file

Division_round_Name_Surname

Examples:

Junior_m_Semifinal_Miller_Max

Under40_f_Final_Miller_Clara

Format and quality of the videos

Format mp4 or mov, Quality Minimum 720p, Maximum HD format

Video upload

Upload on the following website: www.bavarian-poomsae.de

! Requirements for video recording:

- 1) Poomsae can be performed indoors or outdoors.
- 2) Dress code (see page 6)
- 3) The contestant should start facing the camera.
- 4) The contestant begins at the start point. No come in is necessary.
- 5) The contestant shall be 100% inside the video recording all the time.
- 6) The camera is stationary. It may be rotated left and right from the starting point if there is small space. Zooming is not allowed.
- 7) Recordings must be in landscape mode.
- 8) Only the contestant shall be seen on the video. Exception: Para contestants who needs help by the coach.
- 9) The 2 Poomsae shall be recorded in a row with a maximum break of 60 seconds. Contestant must stay within the camera view between the 2 Poomsae.

Awards

Medals and Certificates will be awarded to the top 4 winners. The medals and certificates will be send all together to the coach of the club.

1st place	Gold Medal and Certificate
2nd place	Silver Medal and Certificate
3rd place	Bronze Medal and Certificate
4th place	Bronze Medal and Certificate

Club awards

Trophies will be awarded to the top 5 clubs.
The following rating system is used:

1st place	6 points
1st place without opponents	3 points
2nd place	3 points
3rd place	1 point
Family Poomsae is not included in the club rating.	

Referees

The contestants will be judged by qualified referees of our federation as well as International Referees. The referees will do the judging at home at the same time.

Protest

Only official protest will be accepted and reviewed by the protest committee. The protest must be made in written form within 10 minutes of the end of the division. The protest has to be send to m.schrader@btu-online.de. The protest fee is 100 € and must be paid immediately to the BTU. The fee will be refunded if the protest is accepted and won.

Rules for contestants and data protection

Each contestant must be a member of a national Federation affiliated to the WT or WTE. Each contestant has to take part in the championships only if he/she is in perfect health condition. The registering club assures that the parents agree their children participate in the championships. All contestants undertake to comply with the current local and national rules and regulations on the corona pandemic.

All contestants expressly recognize the WADA Code in its currently valid version and, in this respect, submit to the application of the anti-doping guidelines of the WADA or the national anti-doping authority with participation in the tournament.

With the registration, all contestants as well as the legal guardians of minors agree that the videos are saved on a server and reviewed by the organizing committee. Furthermore, you agree that on the day of the championships the videos will be published in a live stream on the Internet and the name and club of the athlete will be shown in the results list. In addition, contestants and legal guardians agree that the contestants are named in the starter and result lists that are published on the Internet, and that articles may be published in the media (websites, press and club publications) or social media with mention of their name. After the championship is over, the videos will be deleted from the server. The live stream can still be viewed.

Liability and Others

All contestants participate at their own risk. Promotor and organizer will not be held responsible for any human injuries or material damage during video recording or competition process.

By registering for this event all contestants and parents/legal guardians of minors agree to the exclusion of liability and that they are participating at their own risk.

By registering all contestants and clubs accept the outline content and the current rules.